

Child/Family Intake Form:

Date: _____

Client Name: _____

Date of Birth: _____

Parent/Guardian Names: _____

Names and Ages of other Family Members:

Main Contact Phone#: _____

Email: _____

Address: _____

Presenting Problem:

How long have you had these issues, when did they first begin?

School History:

Pre-K _____

Elementary _____

Middle School _____

Which of the following gifted traits are your child displaying?

	Mild	Medium	Extreme
Anxiety	_____	_____	_____
Depression	_____	_____	_____
Social Anxiety	_____	_____	_____
Emotional Meltdowns	_____	_____	_____
Extreme Sensitivity	_____	_____	_____
Social Difficulty/Isolation	_____	_____	_____
Difficulty Sleeping	_____	_____	_____
Picky Eater	_____	_____	_____
Lack of Focus	_____	_____	_____

Executive Functioning Issues	_____	_____	_____
Aggression	_____	_____	_____
Difficulty with Transitions	_____	_____	_____
Panic Attacks	_____	_____	_____
Extremely Stubborn	_____	_____	_____
Expressing suicidal thoughts	_____	_____	_____
Difficulty controlling anger	_____	_____	_____
Sensory Issues	_____	_____	_____
Lack of Motivation	_____	_____	_____
Difficulty Organizing Self	_____	_____	_____
Difficulty with Self-Management (time, things, emotions)	_____	_____	_____
Rigid/Black and White Thinker	_____	_____	_____
Perfectionism	_____	_____	_____
Underachievement	_____	_____	_____

Which of the following stressors has your child experienced?

	In past Month	In past Year	Sometime
Moving Schools	_____	_____	_____
Moving Houses	_____	_____	_____
Divorce in Family	_____	_____	_____
Death of a loved one	_____	_____	_____
Other Significant Loss (pet, etc)	_____	_____	_____
Friendship disruption	_____	_____	_____
Significant health problems	_____	_____	_____
Other significant changes or stressors	_____	_____	_____

Please Explain:

Does your child express any suicidal thoughts or statements? _____

Is your child exploring their gender identity? What pronouns do they use?

Treatment History (prior Counseling; Occupational Therapy; Other Therapy; Assessments)

Please list any prior treatment experience your child has had.

Name: _____ Type of Treatment: _____

Dates: _____ Length of treatment: _____

Reason for Treatment: _____

Outcome: _____

Name: _____ Type of Treatment: _____

Dates: _____ Length of treatment: _____

Reason for Treatment: _____

Outcome: _____

Medical History

Please list any medical conditions, past or present, that affect your child.

Family History

Has anyone in the family ever been diagnosed with any mental health condition (e.g. depression, anxiety, Bipolar, etc?)

Substance Abuse History:

Is substance abuse a problem in any extended family members? (including illegal drugs, alcohol, marijuana)

History of Abuse of Trauma:

Please describe any past experiences related to trauma (accidents, medical interventions, broken limbs, violence, etc and age of child at the time)

Social History:

What sports, clubs or hobbies does the child participate in? _____

What is your child's friend network? _____

Please describe the current living situation (which family members live together?)

What additional resources does the family have for emotional support? (Circle as many as apply)

Grandparents Community Org. Coworkers Spiritual community

Extended Family Close Friends Self-help group Therapist Neighbor

Others _____

What do you think are your family's Strengths and Challenges?

Strengths

Challenges

Is there anything else that you think is important for me to know about your child at this time?

What do you hope will change as a result of the therapy services your child receives?
